

## LITTLE ATHLETICS STATE TITLES

On the 20<sup>th</sup> to 22<sup>nd</sup> of March the State little athletics carnival was held in Brisbane with athletes from all over Queensland making the trip. Three Good Counsel College students competed over the weekend and achieved some outstanding results and personal best (PB) times and distances.

**Alexandra Worth**, 16 years, in her last year able to compete in the Little Athletics category (under 17 years) threw 12.20m in the Shot Put to win the event and followed up this result to place second in the Discus. Alexandra has been training hard in preparation for 2015 and is looking promising again this year to break her sister Adrienne's school and district athletics records.

**Aiden Smith**, 15 years, competed in the 1500m and 800m event. Aiden placed 1<sup>st</sup> in the 1500m and 4<sup>th</sup> in the 800m. This is an excellent achievement by Aiden at a state level.



**Liam Gilbert**, 14 years, competed in a large number of events and placed well in all areas after taking two months off from training recently. His results were:

3<sup>rd</sup> – Long Jump

6<sup>th</sup> – 80m Hurdles

9<sup>th</sup> – 400m

10<sup>th</sup> – 200m

16<sup>th</sup> – 100m

The next event on the athletics circuit will be the Oceania Championships being held in Cairns on the 8<sup>th</sup> to 10<sup>th</sup> May.

Good Counsel College will be running the school athletics carnival on the 5<sup>th</sup> June at Castor Park where all our amazing athletes will be able to show their talent to their peers and supporters.